

Allied Health Services



**Friendly Society
Private Hospital**



Patient Information

Inpatients

If you are a patient at the Friendly Society Private Hospital, it is likely that you may need assistance from our Allied Health Services team, which includes physiotherapists, occupational therapists and dietitians. If your doctor recommends our services, our health professionals will come to your room and see you.

Outpatients

Once you have been discharged from hospital, you can still use our Allied Health Services as an outpatient. In fact anyone from the public is welcome to make appointments with our Allied Health Services Team.

Simply call our reception on **4331 1888** to book your appointment. You will be required to pay a fee for this service; however some patients may be eligible to receive assistance from DVA or Medicare. In this case, you will need to obtain a DVA referral or EPC-Medicare Care Plan from your GP first, and then make your appointment. If you have 'extras' cover as a part of your Private Health Insurance, then you may be eligible for a rebate on our services. We are BUPA preferred providers.

If you have any questions about fees or referrals, please discuss when calling for your appointment.



Occupational Therapy

The primary goal of occupational therapy is to enable people to participate in the activities of everyday life. Occupational therapists achieve this outcome by working with people and communities to enhance their ability to engage in the occupations they want to, need to, or are expected to do, or by modifying the occupation or the environment to better support their occupational engagement.

Source: World Federation of Occupational Therapists

Services Offered

- Home assessment and modification
- Falls prevention
- Equipment prescription
- Paediatrics
- Hand therapy
- Rehabilitation
- Orthopaedics
- Oedema management
- Children's services



Nutrition & Dietetics

Dietitians are experts in the field of nutrition and are able to provide advice about food and its relationship to health. Many sicknesses are managed with specific diets. Dietitians base their advice on scientific evidence so you can be confident you are receiving accurate information for your condition. Ask about our talks and workshops and consider registering to attend our next session.

Services Offered

- Talks and Workshops
- Weight Loss
- Malnutrition/Weight Gain
- Food Intolerances
- Bowel Health
- Diabetes
- Healthy Heart & Cholesterol
- Pre and Post Bariatric Surgery advice
- Children's Health
- Gestational Diabetes/Pregnancy



Physiotherapy

Physiotherapists are experts in movement and function who work in partnership with their patients, assisting them to overcome movement disorders, which may have been present from birth, acquired through accident or injury, or are the result of ageing or life-changing events. Physiotherapy can help you recover from injury, reduce pain and stiffness, and increase mobility.

Source: The Australian Physiotherapy Association

Services Offered

- Acute/sports injuries
- Back & neck pain
- Chronic pain management
- Ergonomic & postural assessment
- Joint replacement rehabilitation
- Lymphoedema management
- Pilates Exercise Therapy
- Stroke rehabilitation
- Women's Health
- Headaches



The Friendlies Allied Health Services

Find us at the Friendlies
Physiotherapy Service
Level 2, 19-23 Bingera St, Bundaberg

Ph 4331 1888

thefriendlies.org.au



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