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## The Friendlies recognise staff in fourth annual awards evening

Resilience, change and commitment to excellence were the themes celebrated at the Bundaberg Medical Institute Awards Evening 2017 on March 10.

The annual awards for excellence awarded to staff and doctors of The Friendlies provide an opportunity to celebrate and reflect on the work that had been achieved, with CEO Alan Cooper saying the evening had become a highlight of The Friendlies calendar.

*"This year we had more than 200 people attend to congratulate our 26 award winners and the 32 staff who received years of service recognition," Mr Cooper said.*

Resilience and leadership expert Rob Redenbach spoke at the evening, inspiring guests with his life experience and how resilience plays a part in any success.

Mr Cooper spoke on the night of the constant change in the healthcare industry and how The Friendlies meets those

changes and challenges head on.

"If we are to remain competitive and even viable, we always need to be adapting and changing," he said.

"We have a saying at the hospital that if there is one thing you can count on at The Friendlies, it is change."

Mr Cooper said the commitment by staff and doctors to embrace changes in the healthcare industry and at The Friendlies was a part of what made the organisation so special.

"It was my pleasure, along with our executive team, to present these awards to our staff and doctors and to personally thank them for the extra effort they put in to making The Friendlies not only a leader in healthcare and caring for those in our community, but also a wonderful place to work.

"It was also wonderful to see so many staff on the night who were there to support their colleagues who had been nominated. The attendees' enthusiasm for the award winners also highlighted the supportive team environment that helps to make The Friendlies the exceptional organisation that it is."



### Your generous donation directly benefits our patients.

The charitable fundraising arm of the Friendly Society Private Hospital, The Friendlies Foundation is a lasting legacy to the health of the Wide Bay and Beyond.



 **The Friendlies Foundation**  
 Caring through giving

You can now donate online at [thefriendlies.org.au/foundation](http://thefriendlies.org.au/foundation)

For more info call 4331 1024





## Dedicated Endoscopy Unit opens to treat more patients

The Friendlies dedicated Endoscopy Unit has only been open for a few weeks, but the benefits of this purpose-built space are being seen by doctors and patients alike.

CEO Alan Cooper said the decision to convert a space made vacant by the relocation of the Day Oncology Unit to the dedicated endoscopy unit and recovery area had been well received.

“Our doctors who now use this new facility have been very receptive to the change and impressed at the efficiency and flow it extends to both doctors and patients,” Mr Cooper said.

“They are pleased we can offer this as a dedicated service to their patients, instead of as part of our regular theatre processes.

*“There are many benefits to the patients, such as being moved in and out of the unit more efficiently, but it has also been a benefit to the hospital by relieving the pressure on our other five operating theatres and recovery area.”*

The Endoscopy Unit is on the Ground floor of the Friendly Society Private Hospital, and can be best accessed by the main Woondooma Street entrance.



## Home Health and Mobility Aid specialists

The Friendly Society Pharmacy is Bundaberg’s specialist Home Health and Mobility Aid pharmacy.

At The Friendlies, we can support people with a disability and their carers with a range of home health items to help people remain safe and independent in their own homes.

*We stock Bundaberg’s largest range of mobility scooters as well as walkers, frames and wheelchairs.*

Our customer’s comfort is always in mind with a range of chairs, lift chairs and beds.

The Friendlies also stock a range of home health items to make you safe and comfortable in your home with many toilet and bathroom aids.

Help is also at hand in the kitchen, with our new range of One Touch kitchen utensils such as bottle, jar and can openers and peelers.

In addition to our home health and mobility aids, the Friendly Society Pharmacy also has a range of monitors to keep your health in check, including blood pressure and glucose monitors. We also have tens machines that are a natural alternative to help with pain and inflammation.

The Friendlies has trained professionals who can give you the right advice about the best items to suit your needs. In addition, our pharmacists are always available to discuss any health or medication concerns and give you the most up-to-date advice.

The Friendly Society Pharmacy has two convenient locations at 9 Barolin Street in the CBD, as well as at the Friendly Society Private Hospital on Woondooma Street. Telephone 4154 0540 for more information.



**BEST IN HEALTHCARE  
SEEKING THE BEST.**

For a full list of positions available and details on how to apply, visit [www.thefriendlies.org.au/careers](http://www.thefriendlies.org.au/careers)

**When you need to  
see a local doctor  
after hours,  
we are here for you.**

See GPs from Bundaberg’s most reputable practices at the Friendlies After Hours Medical Service.

Saturday: 12 noon - 6pm  
Sunday: 9am - 3pm  
Public Holidays: 9am - 3pm



**Ph 4331 1777**

Friendly Society Private Hospital,  
Ground Floor, Bundaberg



## \$1500 donation makes purchase of new equipment possible

Improved monitoring of patient vital signs is now possible thanks to the donation of a Connex Spot Monitor to The Friendlies Day Oncology Unit.

The Bundaberg and District Cancer Support Group for Men and Women generously donated \$1500 to The Friendlies Foundation, the charitable fundraising arm of the Friendly Society Private Hospital, for use to help people undergoing cancer treatment.

The Friendlies Foundation public relations officer Fiona Macaulay said the Spot Monitor had been on the wish list of the Day Oncology Unit.

***"This machine is important to offer accurate and automatic patient information to their doctors and nurses, before and sometimes during treatment," Mrs Macaulay said.***

"When the cancer support group approached The Friendlies Foundation about making a donation, this was the first item that came to mind.

"Due to its cost of close to \$4000, The Friendlies Foundation chose to put in the remainder of the money so the spot monitor could be purchased straight away."

Mrs Macaulay thanked the Bundaberg and District Cancer Support Group for Men and Women for directing their donation to The Friendlies and helping to provide the most up-to-date equipment for patients with cancer.



## Don't wait, Have your sports injury looked at straight away

The Friendlies Physiotherapy Service has introduced a special sports injury clinic every Monday to help deal with weekend-sport-related injuries.

If you love playing netball, football, rugby and other weekend sports, you don't want a training or game injury to hold you back.

***You don't need to make an appointment for the Monday morning clinic, just come in between 8.30am and 9.30am for injury support, advice and treatment.***

Our physiotherapist can give you the best advice to have you back at training or on the court or field as soon as possible.

These 15 minute appointments are \$45 and fully claimable on private health extras cover.

So don't wait, have your injury looked at straight away.



**Flu needle available now**  
at Friendly Society Pharmacy

When you want protection for your family against the flu this year, you don't have to look any further than the Friendly Society Pharmacy.

Available at our two convenient locations at Barolin Street and the Friendly Society Private Hospital, our pharmacists are holding daily Flu Clinics between 9am and 4pm.

Simply drop by and ask for your flu needle. You don't need to make an appointment, or see your GP for a prescription - our vaccination pharmacists can dispense the injection and give it to you on-the-spot.

Head pharmacist Andrew Monk said the flu injection was especially important for the elderly, pregnant women or other people at risk during flu season, however anyone under 18 would need to see their GP.

"The flu injection is \$19.95 and we have private consultation rooms, so you can be assured of privacy," Mr Monk said.

For more information telephone 4154 0540.



## Friendlies Podiatry Practice

**Same-day appointments  
Mondays and Tuesdays**

**Our podiatrist can help you with:**

- Foot pain, diagnosis and treatment
- General foot care
- Diabetes assessments
- In-grown toenails (with local anaesthetic)
- LASER & Orthotics
- Children's Feet

**Call 4331 1888**

**Friendlies  
Physiotherapy  
Service**

Level 2, 19-23 Bingera St, Bundaberg

# Mother's Day

## great gift ideas

**\$145**  
3 Piece



ESTEE LAUDER  
Beautiful

**\$160**  
3 Piece



ESTEE LAUDER  
Pleasures

**\$80**  
2 Piece



ESTEE LAUDER  
Youth Dew

**\$108**  
3 Piece



CLINIQUE  
Aromatics Elixir Essentials

**\$79**  
3 Piece



CLINIQUE  
Perfectly Happy

**\$55**



CLINIQUE  
Lip Pop Set

MEMBER PRICE  
**\$139.40**  
50ml



CHANEL  
No 5 Eau

REG \$164

100ml REG \$234  
MEMBER \$198.90

MEMBER PRICE  
**\$139.40**  
50ml



CHANEL  
Mademoiselle

REG \$164

100ml REG \$234  
MEMBER \$198.90

MEMBER PRICE  
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VERA MAY  
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19-23 Bingera Street, Bundaberg  
Phone 4331 1699

**CBD PHARMACY**

9 Barolin St, Bundaberg  
Phone 4154 0540



Friendly Society  
**Pharmacy**

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