

Repair & Defend

ON SALE FROM AUG 3 TO SEP 2

Get yourself back to optimum wellness with our range of products that may help your body repair from the onslaughts of winter, boost your own defences again and help to fight inflammation.

Did you know inflammation simply refers to the natural process of the body's immune system responding to something - germs, physical injuries or something within the body?

While it is a natural process, you may be able to help relieve some of the symptoms it causes. This catalogue is full of products that our staff can give your information on and recommendations about.

Just ask us. We are friendly by nature and friendly by name.

Oviit Lecithin 1200mg 150 Capsules NOW \$16.95 SAVE \$3.00 Oviit Liver Detox 120 Tablets NOW \$15.30 SAVE \$2.65





Crampeze 30 Capsules

Also available:

Crampeze Forte 30 Capsules NOW \$15.95 SAVE \$4.00 Crampeze 60 Capsules NOW \$15.95 SAVE \$3.75 Crampeze Forte 60 Capsules NOW \$25.95 SAVE \$8.00







Voltaren Emulgel 100g NOW \$23.95 SAVE \$6.00 Voltaren Emulgel 150g NOW \$28.95 SAVE \$7.00 APOH Anti-Inflammatory Gel 100g NOW \$14.25 SAVE \$3.74



SAVE \$2.00

Also available:

Therapy Gel 220g **NOW \$8.95 SAVE \$2.00** Extra Strength Gel 100g NOW \$5.10 SAVE \$2.00 Cream Dual Action 100g NOW \$5.90 SAVE \$2.00







Cabot's LivaTone Shots 60 Tablets

Also available:

LivaTone Shots 30 Tablets NOW \$14.95 SAVE \$5.00 Cabot's LivaTone Plus Turmeric 60 Tablets NOW \$25.95 SAVE \$9.05

*On sale from August 3 to September 2. Not valid with any other offer. Always read the label. Use only as directed. If symptoms persist, see your Healthcare Professional. ^Incorrect use could be harmful.

HOSPITAL PHARMACY

19-23 Bingera Street, Bundaberg Phone 4331 1699

Visit thefriendlies.org.au/pharmacy

CBD PHARMACY

9 Barolin St, Bundaberg Phone 4154 0540

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Caring for Bundaberg's Health

Heartburn Relief

Mylanta SAVE 20%

Zantac 150Mg 14 Tablets NOW \$7.95 SAVE \$2.00

Zantac 12Hr 150Mg 28 Tablets NOW \$11.95 SAVE \$3.00

Zantac 24Hr 300Mg 14 Tablets NOW \$12.45 SAVE \$3.10

APOH Heartburn Relief 7 Tablets
NOW \$4.75 SAVE \$1.20

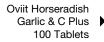
APOH Heartburn Relief 14 Tablets
NOW \$7.20 SAVE \$1.75





Oviit Olive
Leaf Extract
Concentrated
120 Capsules

\$19⁹⁵
SAVE \$5.00



\$13⁹⁵
SAVE \$3.00



Oviit Odourless Fish Oil 1000mg 200 Soft Gel Capsules

\$11⁴⁵
SAVE \$2.50



OVIIT

Oviit

✓ Vitamin D

1000 60 Capsules

SAVE \$4.00

Oviit Propolis 1000mg 200 Capsules

\$6⁹⁵



Accu-Chek Performa Nano
NOW \$40.00 with \$40.00 Cash back
Accu-Chek Guide Meter Kit
NOW \$40.00 with \$40.00 Cash back
Accu-Chek Performa Meter
NOW \$40.00 with \$40.00 Cash back
Accu-Chek Mobile Test Cass 1

NOW \$69.00 with \$60.00 Cash back





Advil Liquid Caps[^]

Advil Liquid 40 Capsules NOW \$8.95 SAVE \$3.00 Advil Liquid 90 Capsules NOW \$16.95 SAVE \$4.00



Omron Blood Pressure Monitor HEM -7121 NOW \$89.95 SAVE \$31.00

Omron Blood Pressure Monitor Deluxe HEM-7130 NOW \$129.95 SAVE \$39.00 Omron Blood Pressure

Monitor HEM-7322 NOW \$139.95 SAVE \$40.00

Omron Blood Pressure Monitor HEM-7320 NOW \$169.95 SAVE \$40.00



Futuro
Braces and
Support

20% OFF ENTIRE RANGE



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Hello, I'm Maree.

I'm the cosmetics co-ordinator at Friendly Society Pharmacy.

The dry winter weather can have a big impact on your skin, causing inflammation and dryness which in turn can accelerate fine lines, wrinkles and enlarged pores, as well as causing puffiness, sagging, blotchiness or reddening of the skin.

The good news is that while diet, chronic stress and exposure to the environment (like air pollution, sun and second-hand smoke) can negatively affect your skin, there are a number of products you can use that can help to repair your skin and defend it from these elements.

Some things that will help your skin are targeted skincare support for redness, lines and pores; the right supplements that combat inflammatory damage as well as eating a good diet and staying physically active.

The cosmetics team will be able to assess your skin and give specific advice to help you feel your best.



Oviit Hair, Skin & Nails 100 Tablets

\$18⁷⁰
SAVE \$3.25



Help fight redness ✓ fine lines ✓ wrinkles ✓ puffiness ✓

Clinique Redness

Solutions Soothing
Cleanser

\$30⁰⁰



Estee Lauder
Perfectionist [CP+R]
Wrinkle Lifting /Firming
Serum 50ml

\$134⁴⁰
SAVE \$33.60



Clinique Redness Solutions Daily Relief Cream

\$72⁰⁰
SAVE \$18.00

Shiseido Lift and Dynamic Cream \$159²⁰

Estee Lauder New Dimension Serum 30ml

\$134⁴⁰
SAVE \$33.60



20% OFF
Pinetarsol range!



SHIZEIDO
BIO-PERFORMANCE
LiftDynamic Creage
Creme Lift, Bynningou

Shiseido Lift and Dynamic Serum

\$144⁰⁰



20% OFF Dermeze range!



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More great savings and expert advice on Home Health







Pathrider 140XL \$4550 SAVE \$445

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