

Friendly Life



**Friendly Society
Private Hospital**

Leading Healthcare for the Wide Bay

thefriendlies.org.au

 [friendlysocietyprivatehospital](https://www.facebook.com/friendlysocietyprivatehospital)

\$15,000 DONATION MAKES IT EASIER ON PATIENTS

Convenient for nurses and easier on patients, a new Bladder Scanner was delivered to Unit 3 of the Friendly Society Private Hospital, made possible by a grant from the St John's Grace Fund.

Unit 3 Nurse Unit Manager Donna Stallan said before bladder scanners, the only way nurses could check what was left in a patient's bladder was to put in a catheter – an invasive and uncomfortable procedure.

“These bladder scanners are great for patients, as they are not invasive and are so accurate, as they can give you how many millilitres accurate to 20ml,”

Mrs Stallan said.

“We use this machine for those patients with continence issues, or for our post-operative patients, most commonly after prostate or gynaecological surgeries.”

Mrs Stallan thanked the generosity of the St John's Grace Fund for donating \$15,400 which fully funded the scanner.

“It means we can have a scanner dedicated to our unit now, and one that is the most up-to-date in terms of technology,” she said.

St John's Grace Fund Chairman Ross Ridge said the fund had been donating funds to the local Bundaberg community since 2001 and had donated a total of about \$1.2M in its 16 years.

PHOTO ABOVE: Friendly Society Private Hospital Business Development Manager Stuart Bonnett, St John's Grace Fund's Ross Ridge and Lyn Duldig with Nurse Unit Manager Donna Stallan.

Hospital Curtains recycled thanks to Boomerang Bags

With Plastic Bags being banned in Queensland in 2018, the Friendly Society Private Hospital is doing its part to be environmentally conscious by recycling some unused fabrics, donating it to the Bundaberg Boomerang Bag project.

Boomerang Bags take donations of fabric and recycles it to create shopping bags which are then given to shops for customers to take and keep, to encourage people to stop and think about their decision to use plastic bags when shopping.

The Friendlies Environmental Services Manager Yari Ottoboni said while the hospital's seamstress recycle fabric into items sold by The Friendlies Foundation, the hospital had more fabric than was needed.

"We have been able to donate six good quality curtains and privacy screens that are no longer used, and we are happy to be able to donate them to such a worthwhile, environmental cause," Mr Ottoboni said.

Boomerang Bags' Carmen McEneaney thanked The Friendlies and said the donation would be put to good use.

"We have made and donated about 1700 bags so far, but we always need more sewers,"

Mrs McEneaney said.

"We have sewing bees once a month at Bundaberg Christian College, but people are welcome to sew in their own homes. We also have jobs for people who can't sew as well."

FOR MORE INFORMATION ABOUT THE PROJECT OR TO HELP OUT, CONTACT THEM ON THE FACEBOOK PAGE AT

facebook.com/boomerangbagsbundaberg



WHEN YOU NEED TO SEE A DOCTOR AFTER HOURS

We are here for you!



Friendlies
AfterHours
Medical Service

Friendly Society Private Hospital
19-23 Bingera Street
(Enter via Wooldooma St Entrance)

Saturday - 12noon to 6pm
Sunday & Public Holidays - 9am to 6pm



WIN A NEW CAR FOR JUST \$5

The Friendlies Foundation is running its second Art Union and will be raffling a new Mazda 2, thanks to Ross Gray Mazda.

Tickets are available for purchase at the Friendly Society Private Hospital and Friendly Society Pharmacy for \$5 a ticket.

Winners will have their choice of standard colour, with the prize valued at \$20,140 drive away. Prize also includes 12-months registration.

The prize winner will be drawn at a luncheon on May 9. For more information, or to purchase tickets over the phone, telephone The Friendlies Foundation on 4331 1024.



RESTORING SIGHT IN CAMBODIA

Dr David Merefield, from Coral Coast Anaesthesia, has recently returned from Cambodia, as part of the Cambodia Vision team who travel to the country annually to restore and treat sight and help return hundreds of Cambodians to work.

The team consulted with more than 3600 patients, including children and performed 397 cataract, pterygium and other surgeries, provided 503 pairs of prescription glasses, donated more than 1000 pairs of reading glasses and 3500 pairs of sunglasses, as well as donating five tonnes of rice to post-op patients and those staying in all wards in Pursat Referral Hospital and local temples.

While in Cambodia the team also provided training to 40 local medical and High School students and donated medical supplies and medicines to Pursat Referral Hospital, Sihanouk Hospital Centre of Hope and the National Paediatric Hospital.



SOLAR Update

In just a few weeks, the Friendly Society Private Hospital will complete its Solar Electricity Project and switch on the solar electricity for the remaining panels to be generating 575kW.

The project began in September with Gem Energy Australia and SolarArk completing the solar electricity and solar hot water project, which will see a saving of \$3.1M in the first 10 years and \$6.9M by year 20.

The Friendlies announced the project in May, with the first panel going down on the roof in September, and the solar hot water switch over being completed at the same time. In Mid-December, 250kW of solar power was switched on.

The project is believed to be the largest system on any hospital in Australia, covers 75% of the hospital's roof space and will generate 28% of the hospitals electricity needs.



FRIENDLIES STAFF HAVE GIVING "In The Bag"

Staff at The Friendlies took part in the Share the Dignity Christmas Campaign "It's In The Bag" for a second year.

Staff donated loved handbags, toiletries and other items to the campaign, which are then distributed to women's shelters for homeless, at-risk and women experiencing domestic violence.

About 50 bags filled with personal care products for women were donated at The Friendlies collection point.



Spoil **YOU** Love

the one

VALENTINES DAY GIFT IDEAS!

14th FEB

Our Exclusive FRAGRANCES

FOR *Her!*



100ml
MEMBER PRICE
\$136
NON MEMBER PRICE
\$160



100ml
MEMBER PRICE
\$110-50
NON MEMBER PRICE
\$130

ESTÉE LAUDER
Bronze Goddess Eau Fraiche
50ml **MEMBER PRICE \$80.75**
NON MEMBER PRICE \$95



100ml
MEMBER PRICE
\$102
NON MEMBER PRICE
\$120

CLINIQUE
Calyx Spray
50ml **MEMBER PRICE \$72.25**
NON MEMBER PRICE \$85



clinique happy.

100ml
MEMBER PRICE
\$110-50
NON MEMBER PRICE
\$115

CLINIQUE
Happy

ESTÉE LAUDER
Bronze Goddess EDP
50ml **MEMBER PRICE \$102**
NON MEMBER PRICE \$120



100ml
MEMBER PRICE
\$123-25
NON MEMBER PRICE
\$145

CHANEL
Allure Homme Sport Cologne
50ml **MEMBER PRICE \$86.71**
NON MEMBER PRICE \$102



125ml
MEMBER PRICE
\$89-25
NON MEMBER PRICE
\$105

HUGO BOSS
Iced
75ml **MEMBER PRICE \$67.16**
NON MEMBER PRICE \$79

Can't Decide?
Gift Vouchers
AVAILABLE!



100ml
MEMBER PRICE
\$78-21
NON MEMBER PRICE
\$92

CLINIQUE
Happy for Men

Free Gift Wrapping

FOR *Him!*