



The Atrium Café

Friendly Food and Refreshments



Menu

Visit our website for current opening hours
thefriendlies.org.au/atrium-cafe

BREAKFAST (7am to 11am)

TOAST \$4.00

2 slices of bakery fresh bread

- White ▪ Grain ▪ Wholemeal
- Gluten Free Bread available on request - \$1.00 Surcharge.

Served with Vegemite, Raspberry Jam, Marmalade, Peanut Butter or Honey

CINNAMON FRUIT LOAF \$5.50

2 thick slices lightly toasted served with lashings of butter & cinnamon sugar

BACON & EGG MUFFIN \$5.50

BACON & EGG ROLL \$8.50

BACON & EGG WRAP \$8.50

BACON & EGG TOASTED SANDWICH \$8.50

All served with fried egg, grilled bacon, cheese & BBQ sauce.

CAFE STYLE BENEDICT

Served open on toasted English muffin topped with spinach & hollandaise, and your choice of:

- 2 fried eggs & grilled ham \$16.00
- Grilled mushrooms & haloumi with balsamic glaze \$17.50
- 2 Fried eggs with smoked salmon \$17.50

JUST BREKKY \$11.00

Two fried or scrambled eggs served with grilled bacon & toast

ATRIUM BREKKY \$18.50

Two fried or scrambled eggs, grilled bacon, tomato, baked beans, hash brown & toast

SCRAMBLED EGGS \$10.00

3 eggs lightly scrambled with cream served with 2 slices of toast

EGGS ON TOAST \$10.00

2 fried eggs served with spinach & tomato relish over 2 slices of toasted bakery bread

VEGETARIAN BREKKY \$16.00

Grilled mushrooms & tomato served over lightly toasted sour dough bread topped with spinach, grilled haloumi, balsamic glaze and basil pesto. (Contains nuts)

ADD ON SIDES:

- Grilled mushrooms \$4.50
- Hashbrown \$1.75
- Grilled tomato \$2.50
- Baked beans \$3.75
- Fried egg (1) \$1.75
- Bacon (per rasher) \$3.00



ALL DAY MENU (10.30am to Close)

CRUMBED FISH \$14.50

Crumbed 140g fish fillet, lightly fried served with garden salad & chips

PRAWN CUTLETS \$15.00

5 lightly crumbed prawns, fried served with garden salad & chips

PANKO CALAMARI RINGS \$15.00

5 calamari rings coated in Japanese Panko crumbs, fried served with garden salad & chips

QUICHE OF THE DAY \$10.50

See today's selection served warm with garden salad

DOUBLE BEEF, CHEESE & BACON BURGER \$15.00

2 x 100g grilled beef patties, double cheese, double bacon, lettuce & smokey tomato relish on toasted Turkish bun

ATRIUM BEEF BURGER \$14.50

Grilled beef patty, bacon, grilled onion, pineapple, tomato, cucumber, carrot, beetroot, lettuce, cheese & BBQ sauce on toasted Turkish bun

GRILLED LAMB & FETTA BURGER \$14.50

Grilled lamb patty, Fetta cheese, Spanish onion, lettuce, tomato, cucumber, beetroot, tzatziki sauce & onion relish on toasted Turkish bun

SPICED LENTIL & SWEET POTATO VEGETARIAN BURGER \$14.50

Crumbed lentil patty, tzatziki sauce, lettuce, tomato, Spanish onion, cucumber, carrot on toasted Turkish bun

CHICKEN B.L.T.A BURGER \$14.50

Grilled chicken breast, bacon, lettuce, tomato, avocado & aioli on toasted Turkish bun

STEAK SANDWICH \$14.50

100g rib fillet steak, grilled onion, beetroot, carrot, cucumber, tomato, lettuce, cheese & BBQ sauce on toasted bakery bread

CHICKEN SCHNITZEL SANDWICH \$14.50

Crumbed chicken schnitzel, bacon, tomato, lettuce, BBQ sauce & aioli on toasted bread

B.L.T SANDWICH \$10.50

Grilled bacon, lettuce, tomato & aioli on toasted bread

OPEN-GRILL TROPICAL MELT \$14.50

Grilled chicken breast, bacon, pineapple, Spanish onion, spinach, cheese & aioli melted over toasted Turkish bread

Don't eat bread? Let us know.

All of the above burgers, melts and sandwiches can be served "on plate" with no bread.

(GF) - Gluten Free

Gluten free bread & wraps available on request - \$1.00 surcharge.

Vegan grated cheese available on request - \$1.00 surcharge.

Visit our cold display cabinets for a range of freshly made wraps, rolls, sandwiches, melts, quiche & croissants.

Please Note: As we are not a gluten free establishment cross-contamination can occur, therefore we cannot guarantee allergen free products.

A full range of fresh or toasted sandwiches, wraps and rolls can be made to order. Please ask our friendly staff.

NACHOS

All selections topped with cheese, sour cream, salsa, smashed avocado & eschallots.

BEEF NACHOS \$14.00

Chilli con-carne beef mince (GF)

CHICKEN NACHOS \$14.00

Pulled chicken breast in Mexican spices (GF)

VEGETARIAN NACHOS \$12.50

Roast vegetables in Napoli sauce (GF)

HOT SIDES

CHIPS \$6.00

SIDE CHIPS (Available with purchase of meal) \$2.75

GRAVY \$2.00

SWEET POTATO CHIPS \$8.50

Served with sour cream & sweet chilli sauce

SPICY POTATO WEDGES \$8.50

Served with sour cream & sweet chilli sauce

ADD MELTED CHEESE & BACON \$4.00

GOURMET SALADS

CHICKEN CAESAR SALAD \$15.00

Cos lettuce, shredded chicken breast, bacon pieces, parmesan cheese w/ Caesar dressing, Croutons & Anchovies (optional)

FALAFEL, ROAST PUMPKIN & WALNUT SALAD \$14.50

Lightly fried Falafel balls, roast peppers, spanish onion, roast pumpkin, feta, spinach, walnuts, pepita & sunflower seeds with basil pesto dressing (cont nuts)

ASIAN BEEF & NOODLE SALAD \$15.00

Marinated rib fillet strips, salad greens, tomato, lettuce, rice noodles, peanuts, mint & coriander with a lime, chilli & coriander dressing (contains nuts)

THAI CHICKEN CRISPY NOODLE SALAD \$15.00

Grilled marinated chicken breast, salad greens, lettuce, tomato, mint, coriander, crispy noodles with a sweet Thai dressing

CRUMBED CHICKEN & CASHEW SALAD \$15.50

Crumbed chicken strips, salad greens, lettuce, tomato, cheese, cashew nuts with honey-mustard aioli dressing

See our cold display cabinet for today's special salads.

SAVOURY CREPES

All crepes are **GLUTEN FREE** & served with garden salad & honey-mustard house dressing.

CREAMY CHICKEN & MUSHROOM CREPE \$15.00

White sauce, cheese, onion, shredded chicken breast & grilled mushrooms

CREAMY ROAST PUMPKIN, FETTA & SPINACH CREPE \$14.50

White Sauce, Cheese, Onion, Roast pumpkin & fetta & spinach

CREAMY CHICKEN & ASPARAGUS CREPE ... \$14.50

White Sauce, Cheese, Onion, shredded chicken breast & asparagus

HOT BEVERAGES

COFFEE

- Flat White • Single Shot Espresso • Double Shot Espresso
- Long Black • Latte • Chai Latte • Mocha • Hot Chocolate
- Hot White Chocolate

TAKEAWAY

Small	(1 shot)	\$4.00
Medium	(2 shots)	\$5.00
Large	(3 shots)	\$6.00

DINE-IN

Cup	(1 shot)	\$4.00
Mug	(2 shots)	\$5.00
Jumbo Mug	(3 shots)	\$6.00

SYRUPS/COFFEE SHOTS

Hazelnut, Caramel, Vanilla	80c
Coffee extra shot	80c

TEAS

- Bushells • English Breakfast • Peppermint • Green
- Chamomile • Earl Grey • Lemon-Ginger

Pot for One	\$3.50
Pot for Two	\$4.50

MILKS

- Full Cream • Skim • Soy • Lactose Free – NO surcharge

COLD BEVERAGES

MILKSHAKES

.....	\$5.50
• Lime • Chocolate • Strawberry • Coffee	
• Banana • Caramel • Vanilla	
Add Malt 50c

ICED COFFEE

.....	\$5.50
-------	--------

Milk, cream & ice cream

ICED CHOCOLATE

.....	\$5.50
-------	--------

Milk, cream & ice cream

ICED LATTE

.....	\$4.70
-------	--------

Milk, ice cubes, coffee shots

ICED LONG BLACK

.....	\$4.70
-------	--------

Cold water, ice cubes, coffee shots

CAKES, SLICES & SWEET TREATS

We have a large range of cakes, slices & sweet treats including a range of Gluten Free products available in our cold display cabinets.

- Cakes • Muffins • Caramel Tarts • Custard Tarts • Trifles and much more...

DAILY SPECIALS



Cake of the Day with Coffee

\$10.50 | **\$11.50**

CUP

MUG



Ham, Cheese and Tomato Toasted Sandwich with Coffee

\$8.80 | **\$9.80**

CUP

MUG



Fruit & Cinnamon Toast with Coffee

\$9.00 | **\$10.00**

CUP

MUG

GLUTEN FREE OPTIONS

As we are not a gluten free establishment cross-contamination can occur, therefore we cannot guarantee allergen free products.

PROUDLY BREWING



TRADING HOURS

Monday to Friday	7.00am - 5.00pm
Saturday (Limited menu)	9.00am - 1.00pm
Sunday	Closed

