DAILY SPECIALS



Cake of the Day with Coffee





Ham, Cheese and Tomato **Toasted** Sandwich with Coffee

\$0.50



Fruit & Cinnamon **Toast** with Coffee

GLUTEN FREE OPTIONS

As we are not a gluten free establishment cross-contamination can occur, therefore we cannot guarantee allergen free products.





TRADING HOURS

Trading hours are subject to change without notice. Monday to Friday 7.00am - 5.00pm Saturday (Limited menu) 9.00am - 1.00pm Sunday







Menu

Visit our website for current opening hours thefriendlies.org.au/atrium-cafe

| CRUMBED FISH \$16.30 | NACHOS |
|---|--|
| Crumbed 140grm fish fillet, lightly fried served with garden salad & chips | All selections topped with cheese, sour cream, salsa, smashed avocado & eschallots. |
| PRAWN CUTLETS \$16.40 5 lightly crumbed prawns, fried served with garden salad & chips | BEEF NACHOS \$15.50 Chilli con-carne beef mince (GF) |
| CHICKEN SCHNITZEL & BACON WRAP \$16.50 | CHICKEN NACHOS\$15.50 Pulled chicken breast in Mexican spices (GF) |
| Crumbed chicken schnitzel, grilled bacon, cheese, tomato & spinach, with chipolte aioli on tortilla wrap, lightly toasted. | VEGETARIAN NACHOS \$14.20 Roast vegetables in Napoli sauce (GF) |
| QUICHE OF THE DAY \$12.00 See today's selection served warm with garden salad | HOT SIDES |
| DOUBLE BEEF, CHEESE | CHIPS \$6.80 |
| & BACON BURGER \$16.50 | SIDE CHIPS (Available with purchase of meal) \$3.00 |
| 2 x 100g grilled beef patties, double cheese, double bacon, lettuce & smokey tomato relish on toasted Turkish bun | GRAVY \$2.80 |
| ATRIUM BEEF BURGER \$16.80 | SWEET POTATO CHIPS |
| Grilled beef pattie, bacon, grilled onion, pineapple, tomato, cucumber, carrot, beetroot, lettuce, cheese & BBQ sauce on toasted Turkish bun | SPICY POTATO WEDGES \$9.00 Served with sour cream & sweet chilli sauce |
| GRILLED LAMB & FETTA BURGER | ADD MELTED CHEESE & BACON \$4.70 |
| lettuce, tomato, cucumber, with beetroot relish | GOURMET SALADS |
| on toasted Turkish bun | CHICKEN CAESAR SALAD \$16.50 |
| SPICED LENTIL & SWEET POTATO VEGETARIAN BURGER | Cos lettuce, shredded chicken breast, bacon pieces, parmesan cheese w/ Caesar dressing, Croutons & Anchovies (optional) |
| Crumbed lentil pattie, tzatziki sauce, lettuce, tomato, Spanish onion, cucumber, carrot on toasted Turkish bun (Available in gluten free on request) | FALAFEL, ROAST PUMPKIN & WALNUT SALAD\$16.30 Lightly fried Falafel balls, roast peppers, spanish onion, roast |
| CHICKEN B.L.T.A BURGER | pumpkin, feta, spinach, walnuts, pepita & sunflower seeds with basil pesto dressing (cont nuts) |
| avocado & aioli on toasted Turkish bun STEAK SANDWICH \$17.50 100grm rib fillet steak, grilled onion, beetroot, carrot, cucumber, tomato, lettuce, cheese & BBQ sauce | ASIAN BEEF & NOODLE SALAD |
| on toasted bakery bread CHICKEN SCHNITZEL SANDWICH | THAI CHICKEN CRISPY NOODLE SALAD \$16.50 Grilled marinated chicken breast, salad greens, lettuce, tomato, mint, coriander, crispy noodles with a sweet Thai dressing |
| Crumbed chicken schnitzel, bacon, tomato, lettuce, BBQ sauce & aioli on toasted bread B.L.T SANDWICH\$12.00 | CRUMBED CHICKEN & CASHEW SALAD \$17.00 Crumbed chicken strips, salad greens, lettuce, tomato, cheese, cashew nuts with honey-mustard aioli dressing |
| Grilled bacon, lettuce, tomato & aioli on toasted bread | See our cold display cabinet |
| OPEN-GRILL TROPICAL MELT | for today's special salads. |
| spinach, cheese & aioli melted over toasted Turkish bread | SAVOURY CREPES |
| Don't eat bread? Let us know. All of the above burgers, melts and sandwiches | All crepes are GLUTEN FREE & served with garden salad & honey-mustard house dressing. |
| can be served "on plate" with no bread. | CREAMY CHICKEN |
| (GF) - Gluten Free Gluten free bread & wraps available on request - \$1.00 surcharge. Vegan grated cheese available on request - \$1.00 surcharge. | & MUSHROOM CREPE \$17.00 White sauce, cheese, onion, shredded chicken breast & grilled mushrooms |
| Visit our cold display cabinets for a range of freshly made wraps, | CREAMY ROAST PUMPKIN, |
| rolls, sandwiches, melts, quiche & croissants. Please Note: As we are not a gluten free establishment cross-contamination can occur, therefore we cannot | FETTA & SPINACH CREPE |
| guarantee allergen free products. A full range of fresh or toasted sandwiches, wraps and rolls can be made to order. Please ask our friendly staff. | CREAMY CHICKEN & ASPARAGUS CREPE \$16.80 White Sauce, Cheese, Onion, shredded chicken breast & asparagus |
| San 23 made to Graem riodoc den en mondry stalli | |

BREAKFAST (7am to 11am)

| TOAST \$4.20 2 slices of bakery fresh bread • White • Grain • Wholemeal • Gluten Free Bread available on request - \$1.00 Surcharge. Served with Vegemite, Raspberry Jam, Marmalade, Peanut Butter or Honey |
|--|
| CINNAMON FRUIT LOAF\$6.00 2 thick slices lightly toasted served with lashings of butter & cinnamon sugar |
| BACON & EGG MUFFIN \$5.80 |
| BACON & EGG ROLL \$8.90 |
| BACON & EGG WRAP \$8.90 |
| BACON & EGG TOASTED SANDWICH\$8.90 All served with fried egg, grilled bacon, cheese & BBQ sauce. |
| GOURMET BACON & EGG WRAP \$12.80 With hashbrown, spinach & hollandaise sauce. |
| CAFE STYLE BENEDICT Served open on toasted English muffin topped with spinach & hollandaise, and your choice of: |
| • 2 fried eggs & grilled bacon\$17.60 |
| • 2 fried eggs with smoked salmon\$20.50 |
| JUST BREKKY \$12.60 Two fried or scrambled eggs served with grilled bacon & toast |
| ATRIUM BREKKY \$20.50 Two fried or scrambled eggs, grilled bacon, tomato, baked beans, hash brown & toast |
| SCRAMBLED EGGS\$11.50 |
| 3 eggs lightly scrambled with cream served with 2 slices of toast |
| EGGS ON TOAST \$11.50 2 fried eggs served with spinach & tomato relish over 2 slices of toasted bakery bread |
| VEGETARIAN BREKKY |
| Grilled mushrooms & tomato served over lightly toasted sour dough bread topped with spinach, grilled haloumi, balsamic glaze and basil pesto. (Contains nuts) |
| ADD ON SIDES: |
| Grilled mushrooms\$5.00 |
| |
| Hashbrown \$2.50 Grilled tomato \$2.80 |

 Baked beans
 \$4.00

 Fried egg (1)
 \$2.50

 Bacon (per rasher)
 \$3.80

HOT BEVERAGES

COFFEE

- Flat White
 Single Shot Espresso
 Double Shot Espresso
- Long Black Latte Chai Latte Mocha Hot Chocolate
- Hot White Chocolate

TAKEAWAY

| Small | (1 shot)\$4.00 |
|--------|-----------------|
| Medium | (2 shots)\$5.00 |
| Large | (3 shots)\$6.00 |
| | |

DINE-IN

| Cup | (1 shot) |
|-----------|-----------------|
| Mug | (2 shots)\$5.00 |
| Jumbo Mug | (3 shots)\$6.00 |

SYRUPS/COFFEE SHOTS

| Hazelnut, Caramel, Vanilla80 |)c |
|------------------------------|----|
| Coffee extra shot80 |)с |

TEAS

- Bushells English Breakfast Peppermint Green
- Chamomile Earl Grey Lemon-Ginger

| Pot for One | \$4.00 |
|-------------|------------|
| Pot for Two | \$5.00 |

MILKS

• Full Cream • Skim • Soy • Lactose Free - NO surcharge

COLD BEVERAGES

| MILKSHAKES\$6.00 • Lime • Chocolate • Strawberry • Coffee • Banana • Caramel • Vanilla | 0 |
|--|---|
| Add Malt | С |
| ICED COFFEE \$6.00 Milk, cream & ice cream | 0 |
| ICED CHOCOLATE \$6.00 Milk, cream & ice cream | 0 |
| ICED LATTE\$5.00 Milk, ice cubes, coffee shots | 0 |
| ICED LONG BLACK\$5.00 Cold water, ice cubes, coffee shots | 0 |

CAKES, SLICES & SWEET TREATS

We have a large range of cakes, slices & sweet treats including a range of Gluten Free products available in our cold display cabinets.

• Cakes • Muffins • Caramel Tarts • Custard Tarts • Trifles and much more...





